

HARTLAND INTERNATIONAL SCHOOL

DAILY MENU - WEEK 5



SUNDAY	MONDAY	TUESDAY	WEDNESDAY
Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch
Non-Veg BLT Sandwich	Non-Veg Falafel & Hummus Sliders	Non-Veg Grilled Chicken & Fusilli Pesto Wrap	Non-Veg Omelette Crepe
Vegetarian Chickpea & Feta Salad	Vegetarian Falafel & Hummus Sliders	Vegetarian Grilled Veg & Fusilli Pesto Wrap	Vegetarian Omelette Crepe
Choice of Baked Snacks	Choice of Baked Snacks	Choice of Baked Snacks	Choice of Baked Snacks
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Dessert Classic Apple Cake	Dessert Pumpkin Pie	Dessert Fresh Fruit Salad	Dessert Mango Flan



* Main Meal will include an Organic Juice of the day.

