

HARTLAND INTERNATIONAL SCHOOL

DAILY MENU - WEEK 6



SUNDAY	MONDAY	TUESDAY	WEDNESDAY
Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch
Non-Veg Teriyaki Beef Sandwich	Non-Veg Roast Turkey & Pineapple Salad Wrap	Non-Veg Roast Beef & Onion Ciabatta Sandwich	Non-Veg Grilled Chicken & Broccoli Salad Sandwich
Vegetarian Teriyaki Tofu Sandwich	Vegetarian Roasted Pineapple & Broccoli Salad Wrap	Vegetarian Roasted Veg & Cheese Ciabatta Sandwich	Vegetarian Broccoli & Cranberry Salad Sandwich
Choice of Baked Snacks	Choice of Baked Snacks	Choice of Baked Snacks	Choice of Baked Snacks
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Dessert Key Lime Pie	Dessert Honey Ginger Sponge	Dessert Fresh Fruit Salad	Dessert Sticky Toffee & Date Pudding



* Main Meal will include an Organic Juice of the day.

